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Innovations in Pain Management

Pharmacy Compounding:

Personalized relief, based on a patient's specific needs

Pain can be debilitating, whether its acute muscle or nerve pain resulting from an accident, or a chronic condition brought on by complications from an injury in the work place.

The symptoms of chronic conditions can be relieved with pain medications. However, they can also result in stomach irritation or other side effects.

There's a personal solution to struggling with chronic pain – pharmacy compounding. It is a customized option for pain medication and has had a recent resurgence as physicians are working with pharmacists to provide their patients the benefit of medications tailored specifically for certain needs.

Medication available commercially can come in limited dosage amounts. Patients vary in size, symptoms and pain tolerance; medications commercially available often do not provide the appropriate dosage strength. Working closely with the physician and the patient, a Pharmacist can prepare custom dosage strengths, potency and delivery systems for the utmost in therapy and pain management.

- To speed recovery or treat muscle pain
- By treating the pain at its trigger point, relief and recovery can be strengthened

Almost any repetitive motion can lead to chronic injuries resulting from overuse. Compounding is effective in providing relief with potentially fewer side effects and less overall medication.

- Relief from stresses on the wrist, fingers, joints and lower arm
- Swelling, muscle aches and pain, inflammation

On many occasions, multiple products can be eliminated by using a specially prepared compound that combines several medications into a single transdermal gel, topical cream or spray form that can be applied directly to the site of the pain.

Compound Transdermal Gel Advantages

- Decreased incidence of systemic and G.I. side effects
- Avoids first pass affect
- Alternate route of administration in dysphagic patient
- Useful adjunct to the patients total pain care treatment
- Can be completely customized.

Typical Transdermal Gels and Their Applications

Ketoprofen 20% (*localized inflammation and pain*)

Ketoprofen 10%/Baclofen 10%/Lidocain 5% (*muscular pain/spasms*)

Ketoprofen 5%/Ketamine 5%/Gabapentin 5%/Amitrip 5% (*neuropathic pain*)

Custom Compounding, Topicals Readily Available for Injured Workers

An injured worker may require medications that must be specially compounded sometimes due to drug interactions or allergies, rather than those readily made from the pharmaceutical manufacturers.

Injured Workers Pharmacy (IWP) has the trained staff and licensed pharmacists necessary to provide compounded medications for the best possible care. Only 1% of all pharmacies are trained and certified to offer this option to meet a patient's unique medical needs for managing pain.